



# CBCAP & Trust Fund Community-Based Prevention Programs

**2021**  
January 1 - December 31

## Strengthening Families - Working Together Upstream

OCFS funds many community-based child abuse prevention programs. These include Family Resource Centers, home visiting programs, parenting education programs, and clinical and family strengthening programs that provide evidence-based or evidence-informed services. Funding comes from two different sources: the federal Community-Based Child Abuse Prevention (CBCAP) program and the New York State Children and Family Trust Fund (Trust Fund). Programs partner with other community agencies and parents to assist families in their caregiving roles, strengthen informal supports, offer resources directly or through referrals, and promote community investment. These services build on protective factors that research shows can reduce child abuse and neglect.

### Reaching Families

**2,388 Adults**

**1,875 Children**

**with over 23,600 visits**

## Family Characteristics



**55%**

Have a child  
0 to 5



**45%**

Income  
< \$25,000



**17%**

No  
HS/GED



**13%**

Unemployed



**17%**

English not  
Primary  
Language



**17%**

Have a  
Disability



**7%**

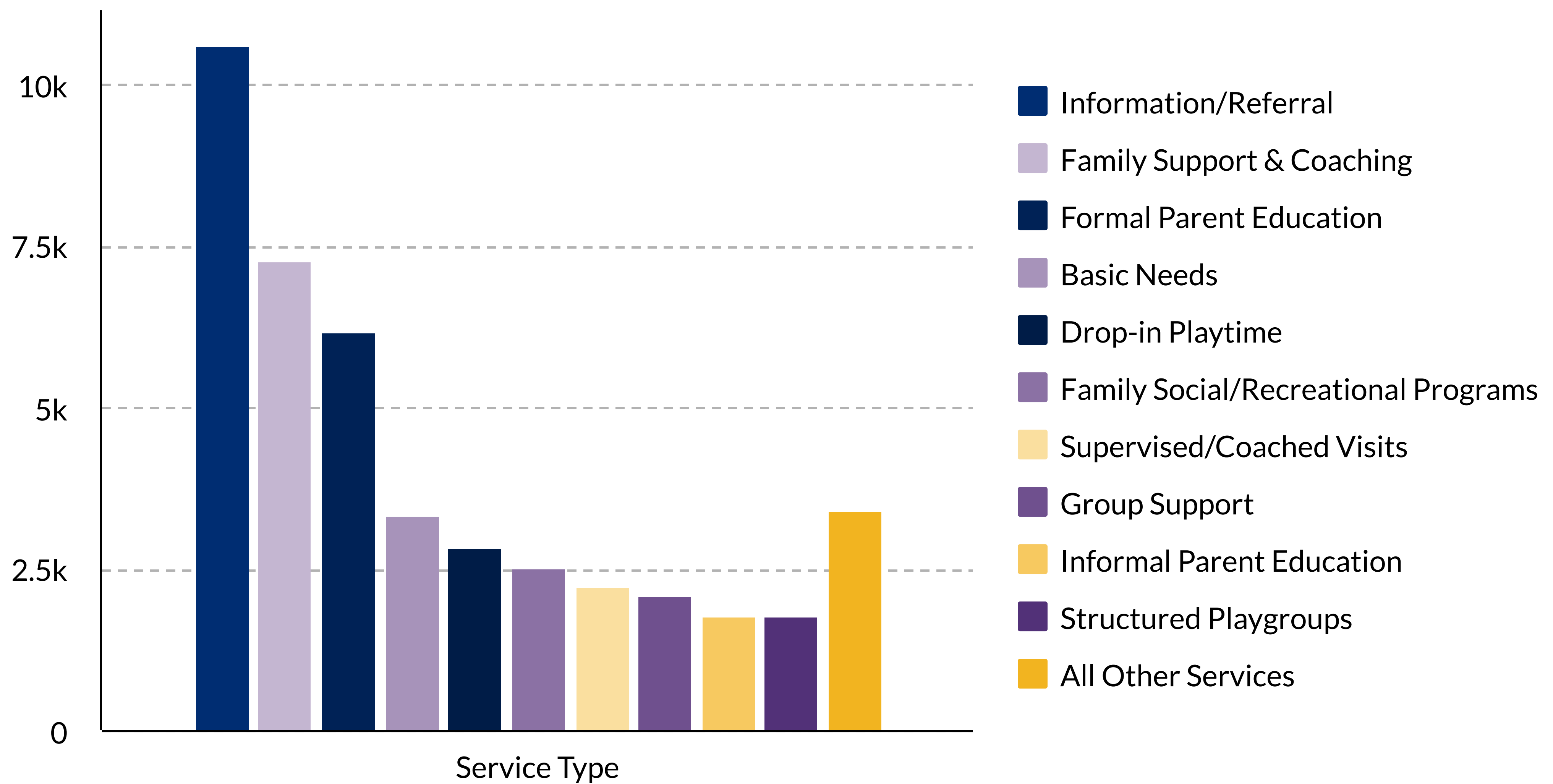
No Health  
Insurance



**11%**

No Primary  
Care  
Provider

# Most Commonly Provided Services



**492 Parents Engaged in Leadership Activities**

## Improvements in Protective Factors

Average increase in participants' Protective Factors subscale scores. Scores range from 1 to 5.  
GOAL: 5% or greater improvement from Pretest to Post-test

**9.8%**

**Increase in Family Functioning Scores**

Pretest Mean: 4.1  
Post-test Mean: 4.5

**7.0%**

**Increase in Concrete Support Scores**

Pretest Mean: 4.3  
Post-test Mean: 4.6

**7.0%**

**Increase in Social Support Scores**

Pretest Mean: 4.3  
Post-test Mean: 4.6

**4.3%**

**Increase in Nurturing and Attachment Scores**

Pretest Mean: 4.6  
Post-test Mean: 4.8



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# Improvements in Knowledge of Parenting and Child Development

Average increase in participants' Knowledge of Parenting and Child Development scores.

15%

I understand why my child behaves the way they do

15%

I know how to obtain information on what to expect of my child as they grow and mature

13%

I read to or with my child

12%

I know where I can get information about parenting and taking care of children

12%

I know what behaviors and abilities are normal for my child's developmental stage

12%

I discipline my child without losing control

10%

I know how to help my child learn

10%

My child has a routine for daily activities

9%

I provide activities for my child that will help them develop new skills

7%

I help my child figure out a task when they are having trouble

7%

I praise my child when they behave well

# Program Experience

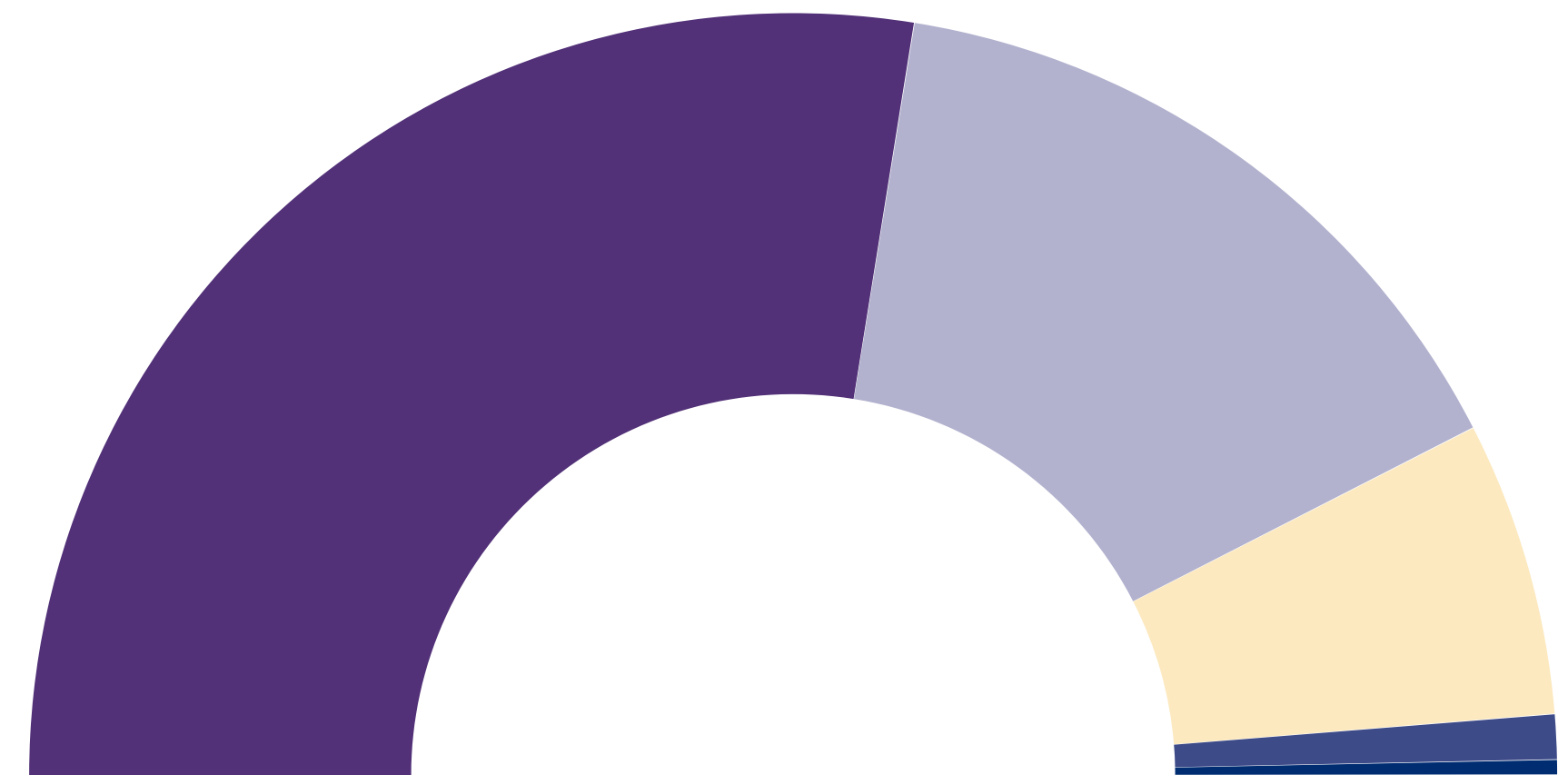
Percent of participants who agreed or disagreed with each item

## This program helped me with stress



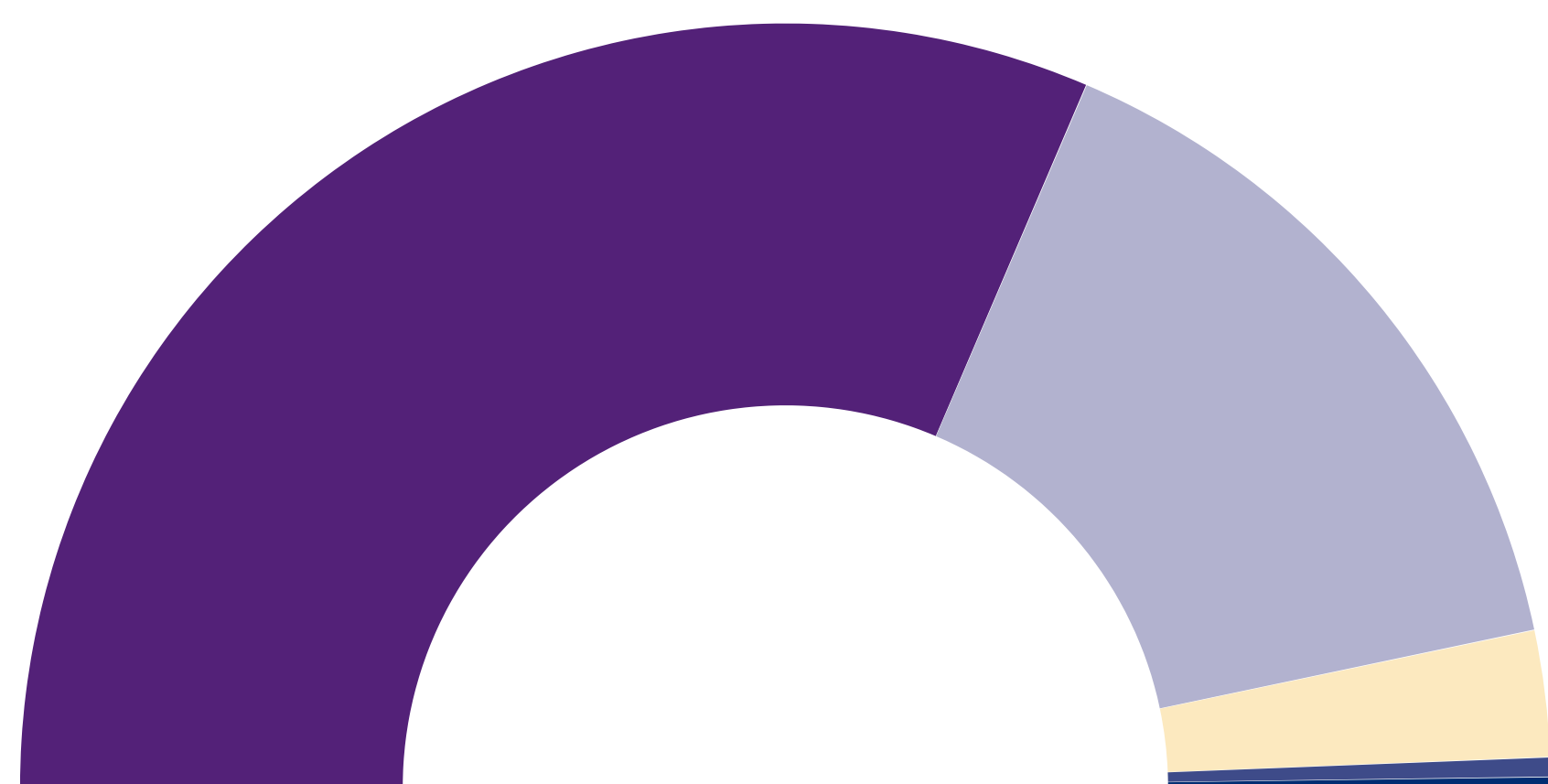
Strongly Agree (57.94%) Agree (33.2%)  
Neither Agree Nor Disagree (8.66%)  
Disagree (0.21%)

## This program helped me connect with other people



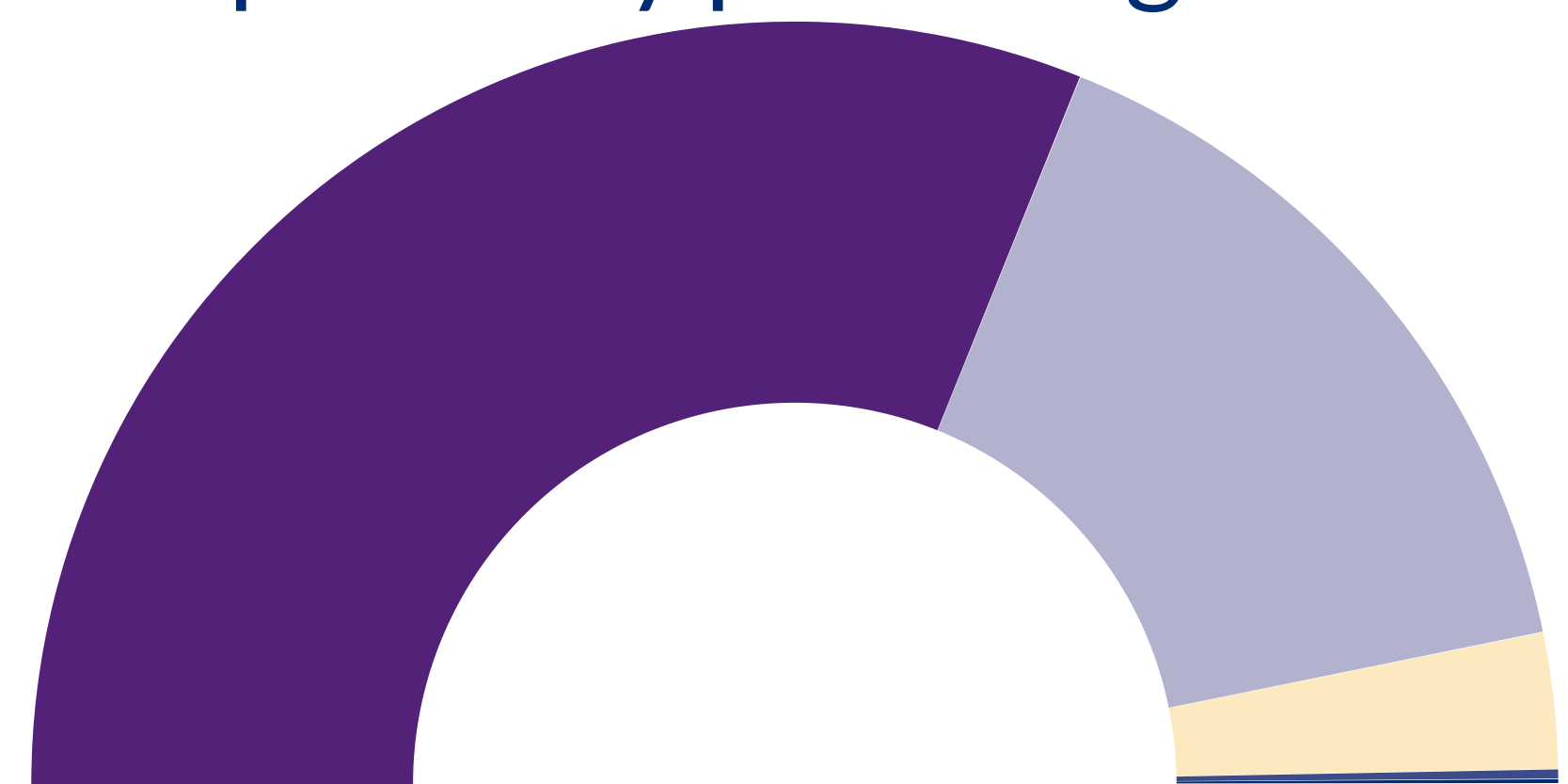
Strongly Agree (55.08%) Agree (29.87%)  
Neither Agree Nor Disagree (12.5%)  
Disagree (1.91%) Strongly Disagree (0.64%)

## This program helped me know where to go when I'm in need



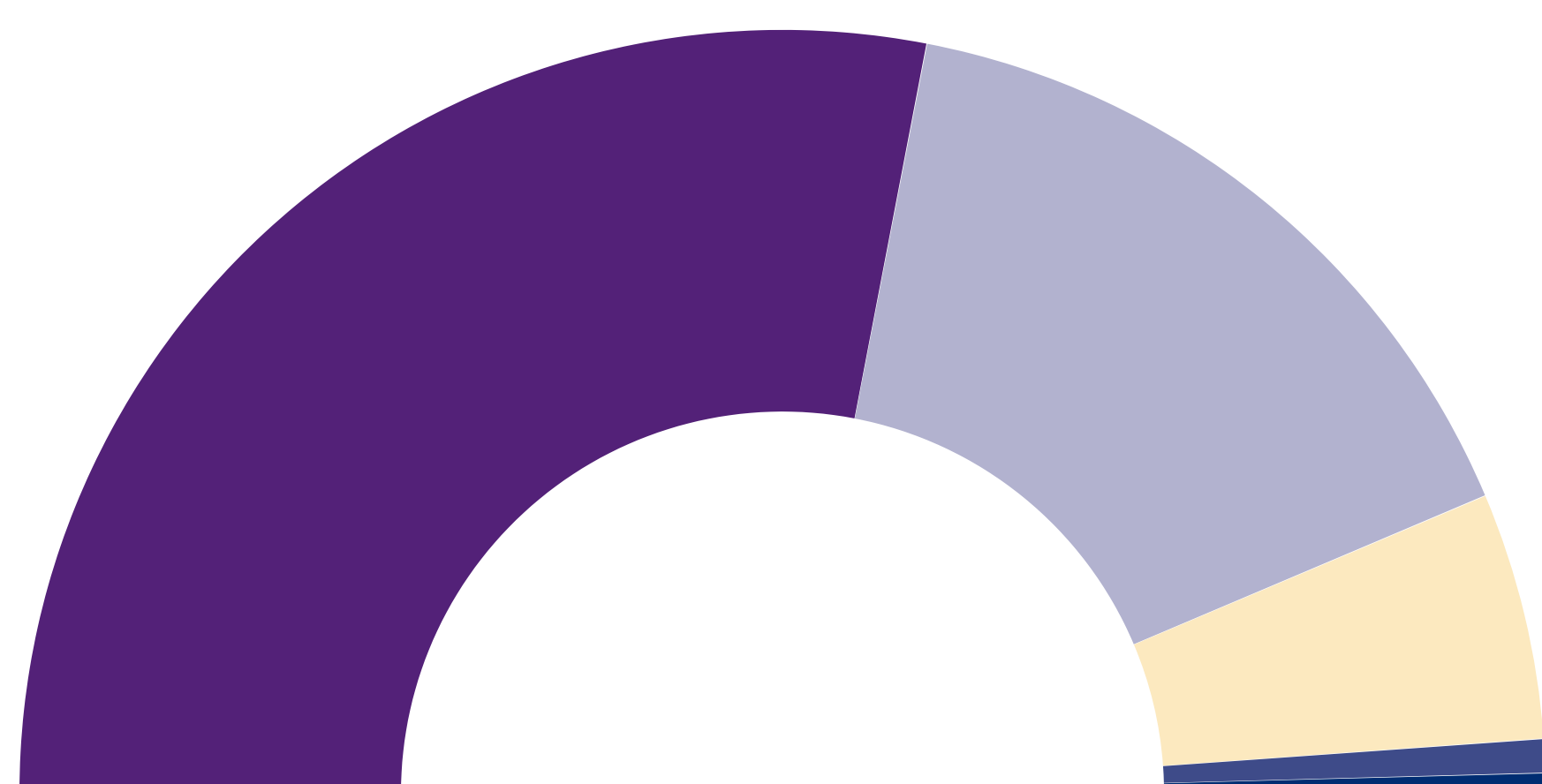
Strongly Agree (62.89%) Agree (30.52%)  
Neither Agree Nor Disagree (5.36%)  
Disagree (0.82%) Strongly Disagree (0.41%)

## This program helped me improve my parenting skills



Strongly Agree (62.22%) Agree (31.42%)  
Neither Agree Nor Disagree (5.75%)  
Disagree (0.41%) Strongly Disagree (0.21%)

## This program helped me make my home safer for my child



Strongly Agree (56.06%) Agree (31.21%)  
Neither Agree Nor Disagree (10.47%)  
Disagree (1.44%) Strongly Disagree (0.82%)

## This program helped me learn more about my child's development



Strongly Agree (63.04%) Agree (30.18%)  
Neither Agree Nor Disagree (5.95%)  
Disagree (0.62%) Strongly Disagree (0.21%)